

Woodside Primary School – RSE Overview

Key Stage 1 (Years 1 and 2)

The key objectives that we will be covering include:

- Pupils learn that everybody needs to be cared for and ways in which they care for others
- Pupils learn about different types of family and how their home-life is special
- Pupils learn about growing from young to old and that they are growing and changing
- Pupils learn to understand and respect the differences and similarities between people
- Pupils learn about the biological differences between male and female animals and their role in the life cycle
- Pupils learn the biological differences between male and female children

During lessons in which the children will learn about the biological differences between genders, children will name genitalia using anatomically correct terms. When it comes to discussing the penis and vulva, we are just naming them at this stage. We do not talk about them as a sex-part or discuss their role in the baby making process. The following text shows how we teach the children about these parts.

Key Vocabulary taught and used within the unit:		
human lifecycle	adult	caring family
baby	change	boys
child	changing needs	girls
teenager	care	privates
penis	vulva	vagina

Year 3/4

Here the children learn about the upcoming changes that will occur during puberty, so that they are well educated before any changes happens to their own body.

The key objectives that we will be covering include:

- Pupils learn about the way we grow and change throughout the human lifecycle
- Pupils learn about the physical changes associated with puberty
- Pupils learn about the way we grow and change throughout the human lifecycle
- Pupils learn about the physical changes associated with puberty
- Pupils learn about menstruation and wet dreams
- Pupils learn about the impact of puberty on physical hygiene and strategies for managing this
- Pupils learn how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty
- Pupils learn strategies to deal with feelings in the context of relationships
- Pupils learn to answer each other's questions about puberty with confidence, to seek support and advice when they need it

Key Vocabulary taught and used within the unit:		
human lifecycle	physical change	sperm
baby	puberty	ovum
child	emotional change	body hygiene
teenager	maturity	gender
adult	menstruation	stereotypes
male	wet dreams	feelings

Year 4/5

The key objectives that we will be covering include:

- Pupils learn about the changes that occur during puberty
- Pupils learn to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact
- Pupils learn what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships
- LGBTQ+ (not all loving relationships are heterosexual, same sex marriage is legal and the meaning of the terms transgender, transsexual, transvestite, lesbian, gay, bisexual, homosexual, heterosexual and homophobic)
- Grooming (the meaning of the word grooming, how to protect themselves from potential grooming, where to seek support and help)

Key Vocabulary taught and used within the unit:		
friendship	stereotype	gay
intimate relationship	sexuality	bisexual
puberty – physical change	transgender	homosexual
puberty – emotional change	transsexual	heterosexual
behavioural and social change	transvestite	homophobia
gender	lesbian	

Year 6

The key objectives that we will be covering include:

- Pupils learn about human reproduction in the context of the human lifecycle
- Pupils learn how a baby is made and grows (conception and pregnancy)
- Pupils will discuss a that there are a variety of routes into parenthood
- Pupils learn about roles and responsibilities of carers and parents
- Pupils learn to answer each other's questions about sex and relationships with confidence, where to find support and advice when they need it
- Pupils learn that contraception can be used to stop a baby from being conceived
- Pupils will learn that a condom prevents the spread of STDs
- Pupils will learn the law regarding consent and sexual activity
- Pupils will learn the impact of social media and pornography on self-esteem and self-image
- FGM (taught as part of Keeping Safe and Managing Risk)
 - Lesson 1- Keeping secrets, trusted adults and exploring dilemmas, linked to the text 'Oh Lila!'
 - Lesson 2- Rules and laws in the UK
 - Lesson 3- FGM (no images or visuals will be shown)

Key Vocabulary taught and used within the unit:		
human reproduction	nipples	foreskin
sexuality	penis	uretha
sexual intercourse	scrotum	fallopian tube
conception	vulva	bladder
male and female sex cells	vagina	womb
reproductive organs	clitoris	pregnancy
pubic hair	cervix	implantation
anus	ovaries	consent
breasts	testicles	contraception

It would be of huge benefit to your child if you could use the same terminology at home as we do at school. This ensures clarity and consistency for the children and enables children to have conversations at home about their learning in school. The vocabulary is introduced throughout the unit, but then used throughout all PSHE lessons were appropriate.